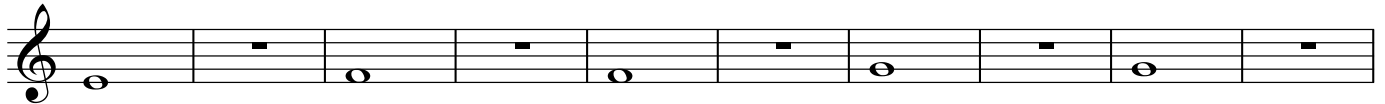


Praccy Routine for Beginners

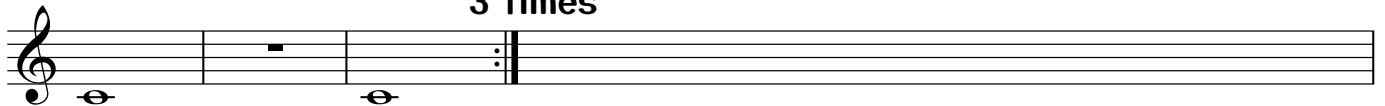
Exercise 1

"Four-Beat Noises"

Aim the Air / Buzz into the trumpet, keep it steady

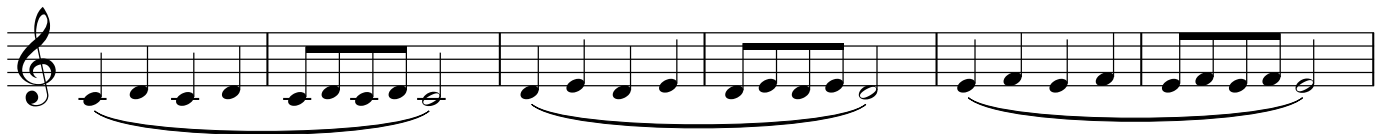


3 times

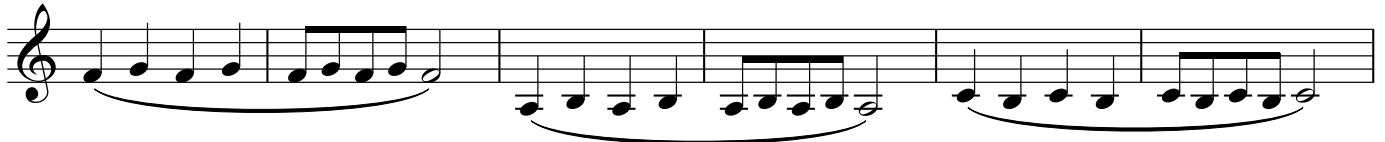


Exercise 2a

Finger Waggles



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Exercise 2b

Building Leaps



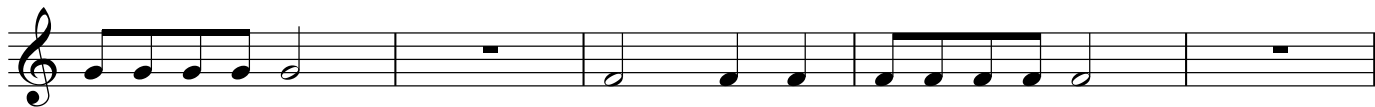
Exercise 3

"Doo - Da Da - Di Di Di Di - Doo"

Tap Top Teeth - Tip of Tongue



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