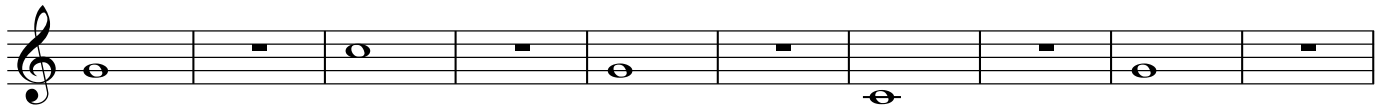
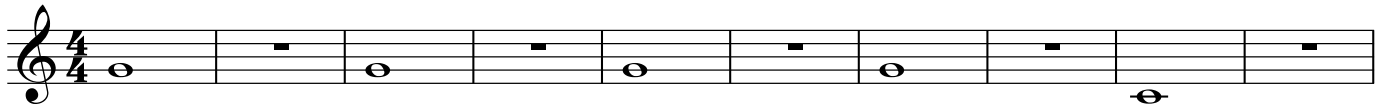


Praccy Routine 2 on G

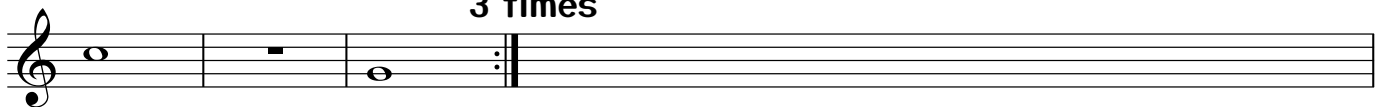
Exercise 1

"Dart Throwing"

Focus on tone, sound, relaxed tongue

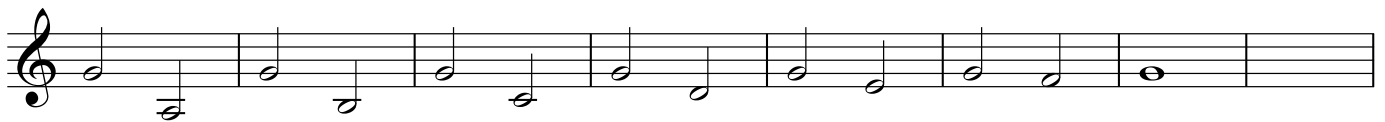


3 times

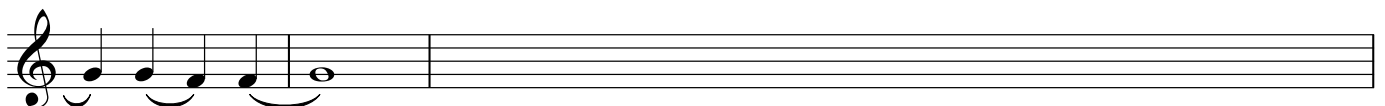


Exercise 2a

Minimal movement, centre on the G

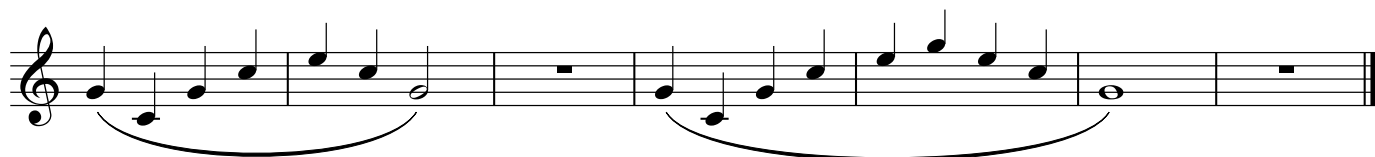


Exercise 2b



Exercise 3

"Centre slurs"



Then same pattern in each lower key...

2

1

1+2

2+3

1+3

1+2+3